

Day at Mangroves PLAN for participants

GATHERING LOCATION: AL MEERA AI Thakhira

Gathering time: 12pm

Mangrove exploration trip ✓

TIME: Approx. 1hr.30min. ✓

TIME: Approx. from 12/30 to 2pm

Licensed guide will give the team a briefing and instruction about paddling, after life jackets will be provided to the team members along with the paddles. ✓

The trip will last for about 1 and half (including 15-20 mins break on the shore) hours in the water, passing throw the mangrove channel heading to one of the beaches to watch the sunset there, after heading back to the camp.

PHOTO-STOP: PURPLE ISLAND BEACH



Tea -break at the camp ✓

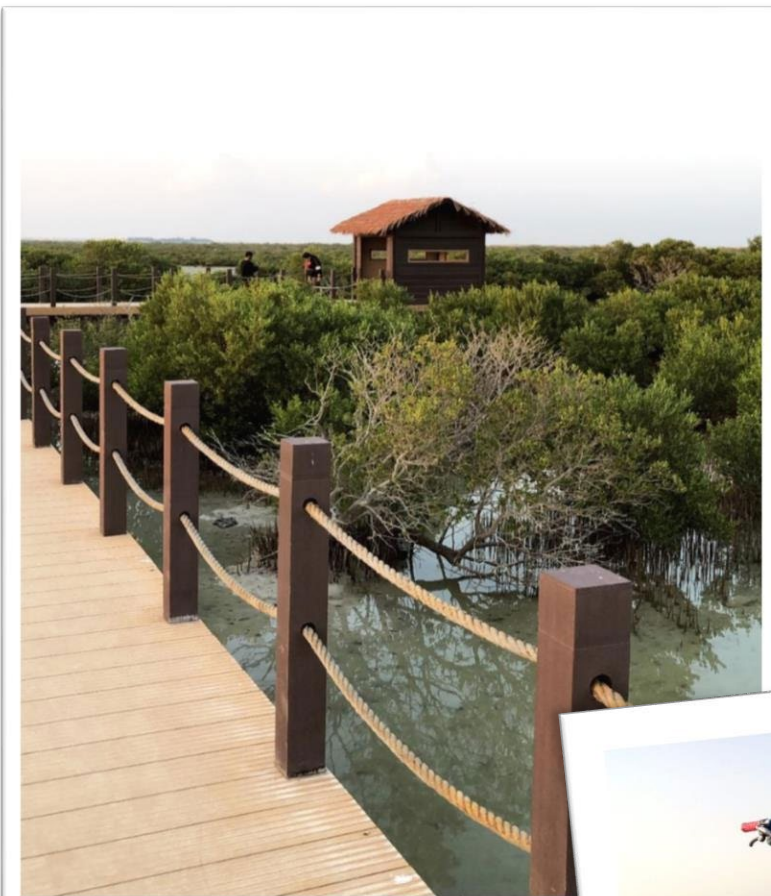
✓

TIME: Approx. 20 mins. ✓

TIME: Approx. 2 pm till 2 30 pm

Purple Island Cycling trip ✓

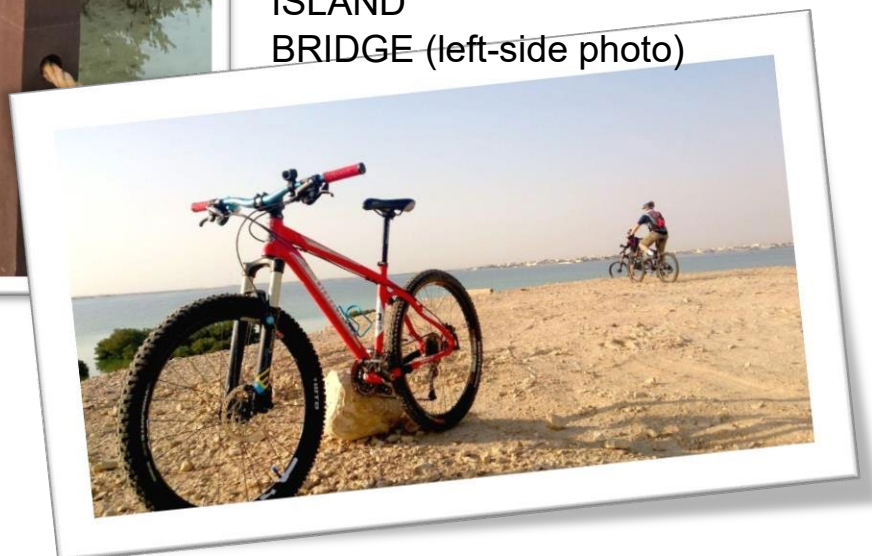
TIME: Approx. 1 hr. with warm up. (timing will vary)



The trainer will start with warm up, providing the necessary briefing and safety instruction for the group. All equipment will be provided from our side. The team will follow the trainer exploring the best views on Purple Island.

PHOTO-STOP: PURPLE ISLAND

BRIDGE (left-side photo)



CAMP Facilities:

- Shaded traditional sitting area ✓
- Tea and cold refreshments ✓
- Toilet ✓
- Changing area ✓
- BONFIRE ✓

